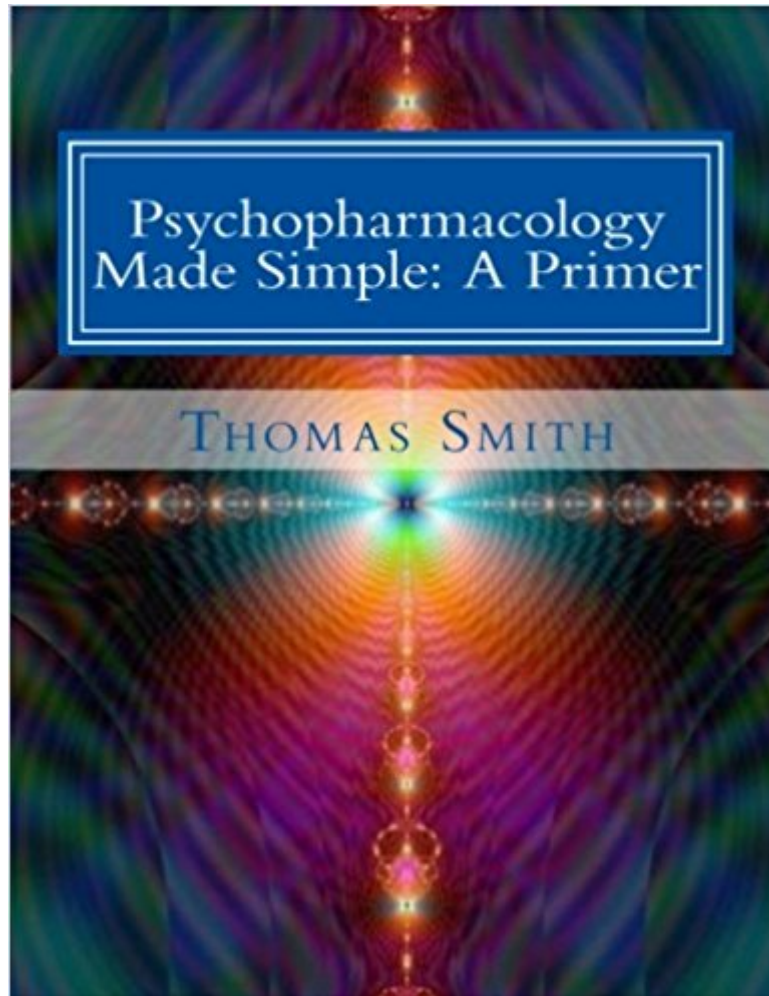




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Psychopharmacology Made Simple:: A Primer



Synopsis

The field of psychopharmacology is often confusing and, well, more than a little intimidating. These medications have been known to save peoples' lives. And these medications have been known to have a deleterious impact on peoples' lives. The same can be said for psychotherapy. Indeed, this caring profession can be a life-saver. And... Overall, this goal of this book is not to overwhelm the reader- whether that reader is a health professional or a layman. The focus is to make this topic- psychopharmacology- understandable. Having said that, the author refuses to "dumb the topic down." However, instead of using confounding, overwhelming, and, in many cases, unnecessary "scientific talk" this book is offered as an "easy read," with difficult theoretical concepts made understandable with the use of metaphor and comparisons to everyday life experiences. Does this focus make this book "less than scientific?" Well, yes, to a degree. But science does not have to be hard- and the better science is understood, the better the ability of those who use these scientific theories (clinical practitioners, patients, family members, students, etc.) to help others will be realized. And that is the goal of this book. Make the topic understandable, and, in some instances, fun!

Book Information

Paperback: 160 pages

Publisher: CreateSpace Independent Publishing Platform; 1 edition (June 6, 2014)

Language: English

ISBN-10: 1499295669

ISBN-13: 978-1499295665

Product Dimensions: 8.5 x 0.4 x 11 inches

Shipping Weight: 1.1 pounds (View shipping rates and policies)

Average Customer Review: 4.5 out of 5 stars 2 customer reviews

Best Sellers Rank: #82,006 in Books (See Top 100 in Books) #23 in Books > Health, Fitness & Dieting > Psychology & Counseling > Psychopharmacology #23 in Books > Medical Books > Psychology > Psychopharmacology

Customer Reviews

Thomas A. Smith is one of a handful of pharmacists in the United States who also holds an advanced degree in psychology. Practicing in both professions, as well as being a professional speaker on topics such as psychopharmacology, bipolar disorder, the Diagnostic and Statistical Manual of Mental Disorders, 5th Edition, dissociation, complementary and alternative therapies,

autism, rehabilitation, disability rights, special education, working with the families of servicemen and servicewomen, and Parkinson's disease, has given Tom the opportunity to reach many professionals and the people who those professionals serve. Tom has presented seminars in every State in the United States. He has held adjunct associate Professor appointments at the Saint Louis University School of Graduate Nursing (where he has taught advanced psychopharmacology to graduate nursing students) and the Butler University College of Pharmacy and Health Sciences in Indianapolis (where he has lectured to the Doctoral pharmacy students on complementary and alternative therapies). He has been a member of the Faculty at the University of Phoenix in Indianapolis, teaching a ground course in Introductory Psychology ("I want to get to the students before anyone else does!") and has lectured at the University of Indianapolis School of Nursing (blood pressure medications) and the Indiana University-Purdue University at Indianapolis School of Graduate Rehabilitation Psychology (the Americans with Disabilities Act of 1990.) Tom's work has been published in national journals, and his books on Aromatherapy and Psychopharmacology are now internationally published. Tom lives and works in Morgan County, Indiana with his bride of more than 40 years, Barbara.

Thanks

Excellent book for clinicians

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